

SEL • GRADES 2–3

Growth Mindset

The power of YET

Fixed vs Growth thinking

Fixed mindset says...	Growth mindset says...
I'm not good at math.	I'm not good at math YET.
I give up.	Let me try a different way.
This is too hard.	This will take time and effort.
I can't make this any better.	I can always improve.
I made a mistake.	Mistakes help me learn.
She's so smart, I never will be.	I'll figure out how she does it.

Your turn — rewrite each thought

1. 'I'll never learn this song on the piano.' → ____
2. 'My drawing is rubbish.' → ____
3. 'I'll never be picked for the team.' → ____
4. 'Reading is too hard for me.' → ____
5. Write down one thing YOU can't do... YET. Add 'yet' to the end.

