

Pledge Against Bullying

Every child in this class signs and

- I will treat everyone with kindness and respect, even if we are different.
- I will not stay silent if I see someone being treated badly.
- I will use kind words — online and offline.
- I will tell a trusted adult if I see or experience bullying.
- I will include children who are on their own.
- I will say sorry — and mean it — if I have hurt someone.
- I will speak up if I am the one being unkind without realising.

Types of bullying

- 1 Physical**
Hitting, pushing, taking belongings.
- 2 Verbal**
Name-calling, insults, threats.
- 3 Social**
Leaving someone out on purpose, spreading rumors.
- 4 Cyber**
Hurtful messages, images or comments online.

Class signatures


