

MATHS · ADULT CPD

Maths CPD Pack for Class Teachers

Six twilight INSET sessions

About this pack

Session 1 — Teaching fluency that sticks



Session 2 — Using manipulatives in upper KS2

Session 3 — Reasoning prompts that work

Session 4 — Calculation policy unpacking



Session 5 — Addressing maths anxiety

Session 6 — Putting it all together

Tips for running CPD that actually changes practice

- Keep it 20 minutes max
- Address the anxiety openly — many teachers are nervous about maths
- Send a follow-up email with the take-home
- Celebrate visible practice change in staff meetings
- If a teacher is genuinely too anxious — accept it; pair with confident colleague
- Make it ACTIVE — teachers should DO things
- Demo first, then have them practise
- Two weeks later, ask informally how it's gone
- Don't make CPD-attended-by-this-teacher a stick to beat them with
- Repeat the cycle next year — turnover means new staff need the same input

