

MUSIC · ADULT CPD

Music CPD Pack for Class Teachers

Six twilight INSET sessions

About this pack

Session 1 — Leading singing without singing



Session 2 — Body percussion and rhythm games

Session 3 — Tuned percussion 101

Session 4 — Listening lessons



Session 5 — Composition without theory

Session 6 — Putting it all together

Tips for running CPD that actually changes practice

- Keep it 20 minutes max — twilight INSET attention is finite
- Address the anxiety openly ('I know some of you find this scary')
- Send a follow-up email with the take-home — not everything will land in the room
- Celebrate visible practice change in staff meetings
- If a teacher is genuinely too anxious — accept it. Pair them with a confident colleague.
- Make it ACTIVE — teachers should DO things, not just listen
- Demo first, then have them practise — never lecture-only
- Two weeks later, ask informally how it's gone — not in a check-up way
- Don't make CPD-attended-by-this-teacher a stick to beat them with
- Repeat the cycle next year — turnover means new staff need the same input

