

MUSIC · GRADES 1–5

Music Lesson Template

30 minutes. No music background needed.

The big idea

Most primary teachers feel they 'can't teach music' because they didn't study it. You don't need to. Music for primary children is mostly about LISTENING, MOVING, KEEPING A BEAT, and SINGING TOGETHER. This template gives you a structure that works every time, on any topic.

5-part structure (30 min total)

1 — Warm-up (3 min) Clap a 4-beat rhythm. Class echoes. Make it harder. End with a complex pattern they nail. Energy up.	2 — Listen (5–7 min) Play one piece. Children sit, eyes closed. Then ask: what instruments? What mood? What did you picture? No wrong answers.
3 — Move (5 min) Play it again. Children move to it — anything from gentle swaying to full dance, depending on the music.	4 — Make (10 min) The 'doing' part. Sing, play instruments, compose with body percussion, or whatever the unit demands. The most important section.
5 — Reflect (5 min) Quick check — what did we learn / make today? Three children share. Tidy up. Done.	



Plan your next lesson

Pick a focus (e.g. 'rhythms in 4/4'). Use the 5-part structure. Write 1-2 lines per section. That's your lesson.

