

WET BREAK · GRADES 1–4

# Indoor Quiet Games

Eight games, no equipment

## Eight games

<b>1 — Heads down, thumbs up</b>  5 children at the front. The rest put heads on desks, thumbs up. The 5 each silently touch one person's thumb. Touched children stand. Each one guesses who touched them. Correct = swap places.	<b>2 — 20 questions</b>  One child thinks of an object. The class asks yes/no questions to guess it. Limit: 20.
<b>3 — Silent ball</b>  Toss a soft ball around the room — but anyone who speaks or drops it sits out. Last one standing wins.	<b>4 — Categories</b>  Pick a category (animals, food, countries). Children take turns naming one. No repeats. Get out if you can't think of one.
<b>5 — I went to the market</b>  First child: 'I went to the market and bought an apple.' Next: 'an apple AND a banana.' Each adds one item — must remember all previous in order.	<b>6 — Whisper down the line</b>  Whisper a phrase to person 1. They whisper to person 2. Etc. Last person says it aloud. Compare to original.
<b>7 — Find someone who</b>  Print or write a list: 'find someone who has a brother', 'who plays piano', 'who loves marmite'. Children move quietly around finding people who match. Sign each other's sheets.	<b>8 — Hangman</b>  Whole-class hangman on the board. Pick a longer category — capital cities, book titles, food.

