

WRAPAROUND CARE · K-Y6

30-Day Activity Planner

After-school club, no repeats

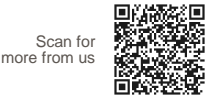
Why a 30-day planner

Without a planner, after-school clubs default to the same 5 activities forever. Children get bored, parents complain, staff feel under-prepared. This 30-day planner cycles through 6 activity types so children get genuine variety without staff having to invent something every Monday.

The 6 activity types

Sample week 1

Day	Activity type	Specific activity	Prep needed
Mon	Art	Self-portraits with mirrors	Mirrors, paper, pencils
Tue	Sport	Capture the flag in hall	2 flags / scarves
Wed	Science	Sink or float experiment	Tub of water, 10 small objects



Day	Activity type	Specific activity	Prep needed
Thu	Cooking	Fruit kebabs	Fruit, wooden skewers, blunt knives
Fri	Free choice	Lego / books / drawing / quiet games	Stations set up at start

Sample week 2

Day	Activity type	Specific activity	Prep needed
Mon	Construction	Junk modelling — make a vehicle	Recycled materials, tape, glue
Tue	Art	Group mural on rolling paper	Long paper roll, paints
Wed	Sport	Dance party + freeze dance	Speaker, playlist
Thu	Science	Bubble making — different sizes	Bubble mix, wire, hangers
Fri	Cooking	Sandwich bar — make your own	Bread, fillings, plates

Sample week 3

Day	Activity type	Specific activity	Prep needed
Mon	Free choice	All stations open	Stations setup
Tue	Construction	Den building with chairs and sheets	Old sheets, chairs
Wed	Art	Watercolour landscapes	Watercolours, paper, water pots
Thu	Sport	Obstacle course	Cones, mats, timers
Fri	Science	Magnet exploration	Magnets, mixed objects

Sample week 4



Day	Activity type	Specific activity	Prep needed
Mon	Cooking	Pizza muffins (English muffins + toppings)	Muffins, sauce, cheese, toppings
Tue	Free choice	Stations + book corner	Standard setup
Wed	Sport	Parachute games	Parachute
Thu	Construction	Marble run from cardboard	Cardboard, tape, marbles
Fri	Art	Friendship bracelets	Embroidery thread

Days 21-30

Weekly prep — Sunday evening

- Glance at the week's plan — five activities
- Check supplies for each activity in storage
- Order/buy missing items if needed
- Brief any new staff on any activity that needs explanation
- Print extra recipe cards / instructions if needed
- Note any allergies / restrictions affecting this week's food activities

