

WRAPAROUND CARE · K-Y6

Rainy Day Rotation

After-school club without going outside

The principle

Outdoor play is what makes after-school club work for many children — they've been sitting all day, they need to move and run. When weather forces indoors, whole-group activities exhaust both staff and children. Rotation works better: 4 stations, 4 groups, 20 minutes per station. Children get variety, staff each manage one station consistently.

Setup — before children arrive

Station 1 — Active (30 min)



Station 2 — Creative (30 min)

Station 3 — Construction / Strategy (30 min)

Station 4 — Quiet / Reading (30 min)

90-minute timeline

Time	Group A	Group B	Group C	Group D
3:30-3:50	Snack	Snack	Snack	Snack
3:50-4:10	Station 1	Station 2	Station 3	Station 4
4:10-4:30	Station 2	Station 3	Station 4	Station 1



Time	Group A	Group B	Group C	Group D
4:30-4:50	Station 3	Station 4	Station 1	Station 2
4:50-5:10	Station 4	Station 1	Station 2	Station 3
5:10-5:30	Pickup window — children leave as parents arrive			

Rotation transitions

Adapting for smaller settings

Materials checklist

- Active station: foam balls, cones, music speaker, optional Twister mat
- Construction station: Lego/K'NEX (lots), board games (variety), jigsaw puzzles
- Group lists printed
- Rotation signal agreed and tested with staff
- Creative station: paper, pencils, paints, junk modelling stash, glue, scissors
- Quiet station: cushions, books, drawing pads, optional audio + headphones
- Signage at each station

