

WRAPAROUND CARE · PRE-K TO Y6

After-School Snack — Policy & Recipes

Calm transition, decent food

Why snack matters

Snack policy — the essentials

Allergy management — every snack

■ Allergy folder checked before snack is prepared

■ Children with allergies identified to the staff serving



- Alternative snacks prepared for allergic children
- No outside food brought in by children unless agreed in advance
- If any doubt about a snack's safety for an allergic child — don't serve it. Default to a known-safe alternative.
- No nuts in the building if any child is nut-allergic (whole-setting rule, not individual)
- Cross-contamination prevented (different chopping boards, utensils where needed)

Recipe 1 — Hummus and veg sticks

Recipe 2 — Cheese and apple plate

Recipe 3 — Fruit kebabs



Recipe 4 — Peanut-free trail mix (or tropical mix)

Recipe 5 — Mini wraps

Recipe 6 — Toast with toppings



Recipe 7 — Pasta salad (no-cook if pasta pre-cooked)

Recipe 8 — Pancake bites

Recipe 9 — Veg and dip platter (DIY)



Recipe 10 — Breadsticks and cheese

Snacks to AVOID in after-school club

