

TEACHER RESOURCES · K – GRADE 3

What Went Well Today

A strengths-based behavior tracker

Why strengths-based?

Trackers that count negatives (a frowny face for every disruption) tell a child only what they did wrong. Positive trackers tell a child what they did RIGHT — and ask them to notice it. They build the very behaviors you want, instead of suppressing what you don't. Use this for a child who needs a confidence boost or one rebuilding after a tough patch.

This week

Day	What I did well today	How I felt
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

End of week — what I'm proud of

Pick the moment that made you proudest this week. Tell a grown-up.

