

Hockey & Winter Sport in Canada — Knowledge Organiser

Free from LessonKind · lessonkind.com · Qualified primary teacher

Key facts

- Ice hockey is often called Canada's national winter sport and is hugely popular.
- Many Canadian children learn to skate from a young age.
- Frozen ponds and outdoor rinks are a common winter sight.
- Lacrosse is Canada's national summer sport, with Indigenous origins.

Key vocabulary

- Rink — the ice surface where hockey is played.
- Puck — the hard disc players hit with their sticks.
- Toboggan — a sled for sliding down snowy hills.
- Lacrosse — a fast team sport played with netted sticks, with Indigenous roots.

Winter as a way of life

With long, snowy winters, Canadians embrace the cold: skating, skiing, tobogganing, ice fishing and building snow forts. Sport and outdoor play help communities stay active and connected through the winter months.