

First Nations, Inuit & Métis — Knowledge Organiser

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Key facts

- Canada's Indigenous peoples are made up of three groups: First Nations, Inuit and Métis.
- First Nations peoples live across much of Canada.
- Inuit peoples live mainly in the Arctic north.
- Métis peoples have both Indigenous and European ancestry, with their own culture.

Key vocabulary

- Indigenous — the first peoples of a land.
- First Nations — many distinct Indigenous nations of Canada.
- Inuit — Indigenous peoples of the Arctic.
- Métis — peoples of mixed Indigenous and European heritage.

Many distinct peoples

These are not one single group but many distinct nations and cultures, each with its own language, history and traditions.

Living cultures

Indigenous peoples have lived in Canada for thousands of years and their cultures remain a vital part of the country today.