

SEL · GRADES 3–5

# Making Good Decisions

Four questions to ask before you choose

## Four questions

1

**1. Is it SAFE?**

Could this hurt me or anyone else? Even a little?

*Example: Climbing a wall vs. climbing the bookshelf.*

2

**2. Is it KIND?**

How will this make others feel? Would I be okay if someone did it to me?

*Example: Sharing the swing vs. ignoring someone waiting.*

3

**3. Is it HONEST?**

Am I telling the truth? Would I be embarrassed if someone saw?

*Example: Owning up to a mistake vs. blaming someone else.*

4

**4. What would happen NEXT?**

What's the consequence — in 5 minutes, in a day, in a week?

*Example: Eating all the candy now vs. saving some for tomorrow.*

## Try it on these dilemmas

1. You see a friend take something that isn't theirs. What do you do?
2. Your friend asks you to copy from your test. They've been struggling.
3. There's only one swing left and a younger kid is crying for it.
4. You broke a vase at home. Nobody saw. What do you do?



5. You're invited to two parties on the same day. You can only go to one.

