

## FESTIVALS &amp; CELEBRATIONS · GRADES 2–4

# Eid al-Fitr

Festival of Breaking the Fast

## Quick facts

<b>What</b>	A Muslim festival marking the end of Ramadan, the holy month of fasting.
<b>When</b>	On the first day of Shawwal (the month after Ramadan) — date moves each year.
<b>How long</b>	1–3 days, depending on the country.
<b>Celebrated by</b>	Around 2 billion Muslims worldwide.
<b>Greeting</b>	'Eid Mubarak' — meaning 'Blessed Eid'.

## What is Ramadan?

Ramadan is a month when Muslims fast from sunrise to sunset — no food or water during daylight. It's a time of self-discipline, prayer, and helping others. After 30 days, the new moon marks the end of Ramadan and Eid al-Fitr begins.

## Five Eid traditions

<p><b>Eid prayer</b></p> <p>Families go to the mosque or an outdoor space for special morning prayers.</p>	<p><b>New clothes</b></p> <p>Children often get new outfits to wear on Eid morning.</p>
<p><b>Eidi (gifts)</b></p> <p>Children receive small gifts of money or sweets from older relatives.</p>	<p><b>Big family meal</b></p> <p>Families gather for a celebration meal — sharing food after a month of fasting.</p>



**Helping others**

Before Eid prayers, every Muslim family gives 'Zakat al-Fitr' — money or food to the poor — so everyone can celebrate.

**Discuss**

1. Why might fasting for a month feel meaningful?
2. Most religions have a tradition of helping those with less — what other examples can you think of?
3. If you have classmates celebrating Eid, what's a kind way to acknowledge it?

