

FESTIVALS & CELEBRATIONS · K – GRADE 3

Harvest Festival

Saying thank you for our food

Quick facts

When	September or October — when the main harvest is gathered.
Where	Especially big in the UK, where it's a long-standing tradition in churches and schools.
Why	To give thanks for the food we have, and to remember those who don't have enough.

How schools celebrate

<p>Harvest assembly</p> <p>Whole-school gathering with songs, poems, and stories about food and farming.</p>	<p>Harvest collection</p> <p>Children bring tinned and dried food from home — donated to a local food bank or community charity.</p>
<p>Decorating the hall</p> <p>Wheat sheaves, baskets of apples, autumn leaves. The traditional 'harvest loaf' — a wheatsheaf-shaped bread — is sometimes baked.</p>	<p>Harvest songs</p> <p>Classic songs include 'We plough the fields and scatter' and 'Cauliflowers fluffy'. Modern alternatives like 'Harvest Samba' work just as well.</p>

Discuss

1. Where does our food come from? Pick something you ate this week and trace it back as far as you can.
2. Foodbanks help people who can't afford food. What might it feel like to need one?
3. If you were going to bring something to harvest, what would be most useful to a foodbank?



