

SOCIAL STUDIES / HEALTH & WELLBEING · P4–P7

Beanntan Alba — Scotland's Mountains & Outdoor Education

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Mountains and outdoor learning in Scotland

1

Munro

A Scottish mountain over 3,000 feet (914.4m). Named after Sir Hugh Munro, who listed them in 1891. There are 282 Munros. 'Munro bagging' (completing all 282) is a Scottish tradition.

2

Corbett

A Scottish mountain between 2,500 and 3,000 feet with a drop of at least 500 feet on all sides. 222 Corbetts.

3

Outdoor education in Scottish schools

Scotland has a strong tradition of outdoor education — field trips, Forest Schools, orienteering, residential outdoor education centres. CfE explicitly values outdoor learning.

4

John Muir (1838–1914)

Born in Dunbar, East Lothian. Emigrated to America. Founder of the modern environmental conservation movement. The Sierra Club. Yosemite National Park. 'The mountains are calling and I must go.'

5

John Muir Award

A Scottish environmental award for young people — exploring, experiencing, and conserving wild places. Accessible to schools and youth groups.

6

Leave No Trace

Principles for minimising environmental impact in wild places. Take all litter home. Stay on paths. Do not damage vegetation. No open fires except in designated areas.



