

PSHE / SEL · Y3-Y6

Community & Volunteering

KS2 PSHE

Community and volunteering

1 What is a community?

A group of people who share something — a place, interest, identity, or purpose. Family, street, school. Wider: town, faith group, sport.

2 What communities need

Trust. Mutual support. Shared spaces. Communication. Active members who contribute, not just receive.

3 Volunteering

Giving your time, skills, or energy without being paid, to benefit others. Litter picking. Food bank sorting. Visiting elderly neighbours.

4 Why people volunteer

Feel useful and connected. Develop skills. Meet people. Make a difference. Research shows volunteers report higher wellbeing.

5 Environmental action

Litter picks. Tree planting. School gardens. Pollinator meadows. Community actions that benefit the environment and build connections.

6 How children can contribute

School council. Eco-council. Peer reading. Helping younger children. Raising money for a local charity.



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Charities

Non-profit organisations serving a cause or community. Many rely on volunteers. Large: Oxfam, British Red Cross, RSPCA. Local: food banks, community centres.

