

PSHE / COMPUTING · Y3–Y6

Digital Citizenship & Online Safety

Knowledge Organiser — Y3–Y6

Key vocabulary

1

Digital citizen

Someone who uses technology and the internet responsibly, safely, and respectfully.

2

Digital footprint

The trail of data you leave online — posts, searches, messages, likes. Difficult or impossible to fully remove. Permanent.

3

Cyberbullying

Using digital technology to repeatedly harm or harass someone. Can be just as harmful as physical bullying — sometimes more, because it can happen anywhere, any time.

Example: Sending nasty messages; sharing embarrassing photos without permission; excluding someone from online groups

4

Privacy settings

Controls on social media and online platforms that determine who can see your information. Always check these.

5

Personal information

Information that identifies you or could be used to find you. Never share this online with people you don't know in real life.

Example: full name, school, address, phone number, passwords, photos showing your location



6

Screen time

The amount of time spent looking at a screen. Good to balance with physical activity, sleep, and face-to-face time. No single right amount — quality of content matters too.

online safety rules

Think before you click

- S — SAFE: keep personal information private. Never share it with people you only know online.
- M — MEET: never meet in person someone you've only met online, without a trusted adult present.
- A — ACCEPT: don't accept files, links, or friend requests from people you don't know.
- R — RELIABLE: not everything online is true. Check information before believing or sharing it.
- T — TELL: if something online makes you uncomfortable, tell a trusted adult. You won't get in trouble.
- REMEMBER: if you see something that worries you online, report it and tell someone.
- THE RULE: if you wouldn't say it in person to someone's face, don't say it online.

