

PE · GRADES 4–6

Team Sport Rules

Six sports, six quick guides

Six team sports

Sport	Players	Aim	One key rule
Soccer (football)	11 v 11	Score in opponent's goal	No hands except for the goalkeeper
Basketball	5 v 5	Shoot ball through hoop	Dribble while moving — can't run holding ball
Netball	7 v 7	Shoot through ring	No running with the ball — pass within 3 seconds
Volleyball	6 v 6	Land ball on opponent's side	Max 3 touches before sending it back over
Field hockey	11 v 11	Score in goal with stick	Only one side of the stick can hit the ball
Cricket	11 v 11	Score 'runs' by hitting ball	Batter is OUT if ball hits the wicket

